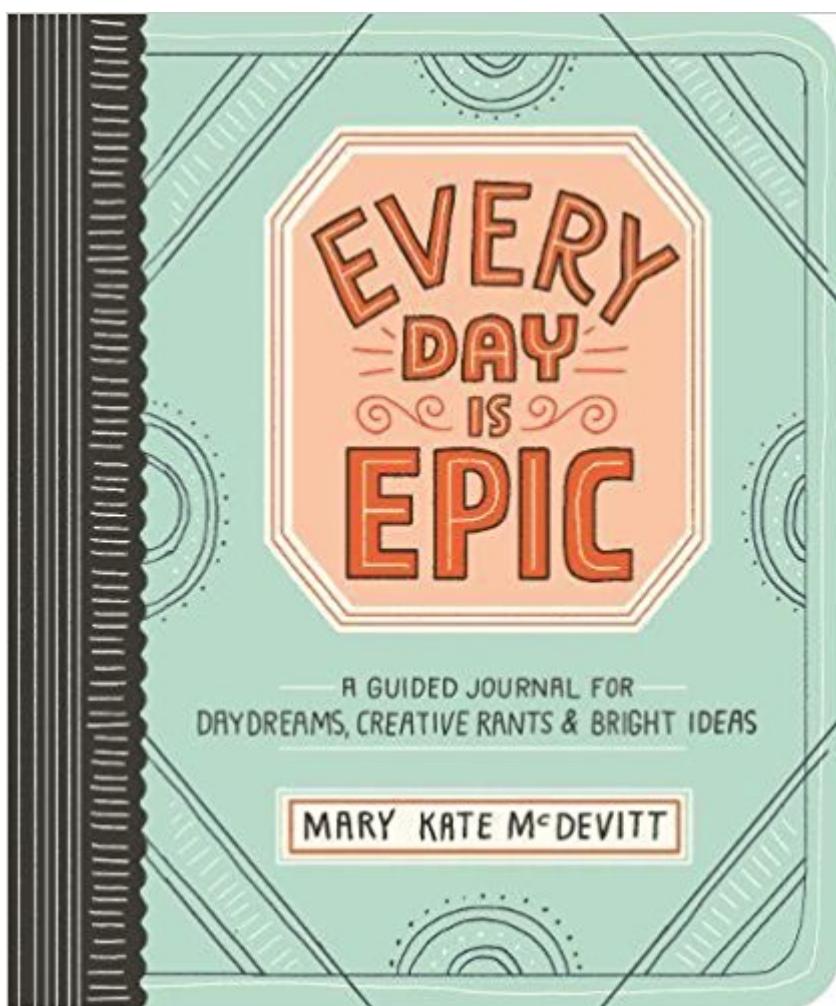


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# Every Day Is Epic: A Guided Journal For Daydreams, Creative Rants, And Bright Ideas



## Synopsis

It's your life, in your own words. In this one-year guided journal from artist Mary Kate McDevitt, every entry sparks creativity and self-reflection with inspiring prompts, upbeat affirmations, and interactive doodles. Chronicle big plans and budding ideas. Jot down daydreams or forecast your mood. Rate the day's accomplishments: major, minor, or meh? With quirky humor and vibrant illustrations, every page is a celebration of the adventures, discoveries, and joys that make your life uniquely epic. 

## Book Information

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## Customer Reviews

Mary Kate McDevitt, a letterer and illustrator based in Philadelphia, finds inspiration in making up motivational phrases for herself. She hand-lettered the very phrases that she used to inspire herself to start an online shop, promote her work, and get stuff done. She is the author of *Hand-Lettering Ledger*.

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